

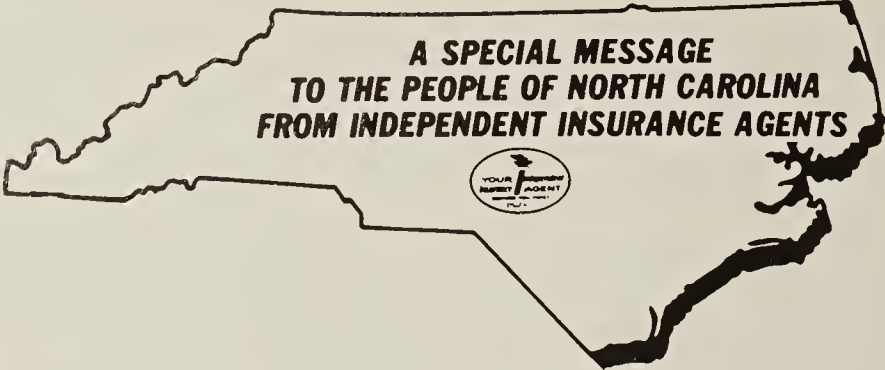
Carolina Country[®]

October 1986

Campaign '86:
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**A SPECIAL MESSAGE
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The Price Of Co-op Membership: Responsibility

This editorial was written by Gene Clifford, manager of cooperative education for the National Rural Electric Cooperative Association.

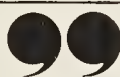
We keep hearing that "there's no free lunch." This seems to be another way to say that everything has its price in the sense that Thomas Jefferson must have had in mind when he warned that "eternal vigilance is the price of liberty."

Cooperatives, for all their considerable benefits to user-owners, certainly are no exceptions. They, too, have their price tag, and it is much like the one Jefferson called to the attention of American citizens. Those who reap the rewards need to invest something of themselves. And they need to pay attention.

Cooperatives do not run themselves. What they do and how they do it is the product of some decisions that are made somewhere by someone. The decisions usually come about because they move a cooperative's business, or its services, in desired directions. And just where the co-op business goes, how it operates, depends heavily on whose desire is being served.

The whole reason for being of any cooperative, regardless of kind, is to serve the interests of its user-owners.

But these interests cannot be flashed on the screen of a computer in response to the push of a button. They are not drawn out of a hat at the opening of each board meeting. In truth, there is no way to learn what these interests are, unless the point of origin—the cooperative member—shoulders an owner's responsibility by thoughtful self-examination to learn what they are.



Cooperative owners, like American citizens, are obliged to get into the act, to participate. That, really, is what the annual meeting of a cooperative is for



The member effort to understand is essential, but even this serves no purpose if individual thinking remains personal and secret. Cooperative owners, like American citizens, are *obliged* to get into the act, to participate. That, really, is what the annual meeting of a cooperative is for; it is the open door to member participation, to the exercise of owner control.

Cooperative members attending their annual meeting are not intended to be an audience—they ought to be a vital part of the meeting.

Their collective contribution of shared thinking, of questioning, of argumentation, displays the multiple brain power that is the real strength of any cooperative. This is the pool into which each should send personal perceptions of needed services, of added business potentials, of organizational strengths and weaknesses. This is the collection of member ideas that give enlightened guidance to both board and staff as they try to shape the kinds of services the user-owners most need and want.

That is a price, of course. But, at most, it is the cost of inconvenience. And the return—one never shared by "customers" of ordinary businesses—nearly always can be measured in dollar value. More important to many, however, is this evidence that the cooperative owner counts for something, has something to say.

When our Pilgrim forefathers decided to head this way back in 1620, they had a price to pay, too. First, they borrowed \$7,000 from a London company, and devoted the next 23 years to repaying it at 43 percent. But they came—so here we are.

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Now Out Of Service For Repairs

Catawba Unit 2 Begins Commercial Operation

Unit 2 of the Catawba Nuclear Station near Charlotte officially began commercial operation Aug. 19 after completing the required 100 hours of continuous operation at full power.

The unit had produced its first electricity May 18, four days after receiving a full-power operating license from the Nuclear Regulatory Commission.

The Catawba plant is jointly owned by Duke Power Company, North Carolina Electric Membership Corporation, N.C. Municipal Power Agency No. 1 and Saluda River Electric Cooperative, Inc., in South Carolina.

Duke officials said reaching commercial operation for Unit 2 means that the plant was completed at a cost of \$1,632 per kilowatt of capacity, which is the lowest cost for any facility of its kind completed during the same

time period. The initial ground-breaking for the plant was in 1974.

Meanwhile, Unit 2 was forced to stop generating power after only 13 days of commercial operation due to an electrical problem involving the generator's internal copper windings.



The Catawba plant was completed at the lowest cost for any facility of its kind completed during the same time period



Officials said correcting the problem will require replacement of a major

element of the generator and repairs to other elements.

That process is being handled by General Electric Company, the supplier which provided the original equipment for the unit.

The repair work is expected to keep Unit 2 out of service for three or four months.

Catawba's Unit 1, which had been out of service for refueling and maintenance, is expected to resume operation around Oct. 15.

North Carolina EMC, the power supply arm of the statewide EMC organization, owns 56.25 percent of Unit 1, which went into commercial operation on June 29, 1985.

Each of the plant's units has 1,145 megawatts of capacity.

The plant is situated on Lake Wylie in York County, SC, about 19 miles southwest of Charlotte.

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October Is Co-op Month

Pottery Festival Set At Seagrove, Nov. 23

About 45 craftsmen will participate in the Fifth Annual Seagrove Pottery Festival, Nov. 23, at Seagrove Elementary School.

M. L. Owens, who has been making pottery for half a century, will be a featured potter at the event, which is scheduled for 1 to 7 p.m.

In addition to pottery demonstrations, the festival will offer demonstrations of weaving, wood-carving, chair-caning, tin-punching, wool carding and rag doll making.

Crafts will be for sale and some one-of-a-kind pieces will be auctioned.

Proceeds from the festival go toward establishment of a Museum of North Carolina Traditional Pottery.

For more information, call Richard Gilson at (919) 873-7300.

"Alternative Catalog" Promotes Co-op Products

Co-op America, a national non-profit membership association that links socially and environmentally responsible businesses and individuals, has published the *Co-op America Alternative Catalog*, a compendium of products and services offered by small cooperatives and worker-owned businesses.



The free catalog features everything from clothing to furniture and includes listings for such unique products as herbal first aid kits and woman-sized work gloves.

The catalog can be ordered from Co-op America, 2100 M Street, N.W., Washington, D.C. 20063.

Piedmont EMC Receives REA Loan For Project

Piedmont Electric Membership Corporation, Hillsborough, has received a \$5.2 million loan from the Rural Electrification Administration to help finance an expansion project.

The project involves building 127 miles of distribution line to serve about 2,500 new consumers and building 15 miles of transmission line. The co-op will also improve existing distribution lines, build two substations and make other systemwide improvements.

A \$2.4 million loan from the Rural Utilities Cooperative Finance Corporation will also be used to

finance the project.

The EMC serves about 16,000 consumer-members in Granville, Durham, Alamance, Caswell, Orange and Person Counties.

Festival Slated For Nov. 2 In Richlands

The Onslow County Museum has scheduled its Ninth Annual Arts and Crafts Festival in Richlands for Nov. 2 from 10 a.m. to 5 p.m.

About 100 artists are expected to participate in the event, which will feature music, barbecue and children's activities.

Continued on page 6



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Continued from page 5

"The Woodwright's Shop" Opens New Season Oct. 30

From dog houses and wooden spoons to tools and toys—that's the range of projects to be spotlighted during the new season of the TV series "The Woodwright's Shop," which begins Oct. 30 at 7:30 p.m.

The half-hour series, which is produced and broadcast by the University of North Carolina Center for Public Television, features master woodcrafter Roy Underhill demonstrating his woodworking skills.

The 13 new episodes will be aired each Thursday at 7:30 p.m., with repeats on Saturdays at 5 p.m.

The series may be seen on WUND-TV, Channel 2, Columbia; WUNC-TV, Channel 4, Chapel Hill; WUNE-TV, Channel 17, Linville; WUNM-TV, Channel 19, Jacksonville; WUNK-TV, Channel 25, Greenville; WUNL-

TV, Channel 26, Winston-Salem; WUNF-TV, Channel 33, Asheville; WUNJ-TV, Channel 39, Wilmington and WUNG-TV, Channel 58, Concord/Charlotte.

Special Exhibit Now At Folk Art Center

The Southern Highland Handicraft Guild and *The Arts Journal* are collaborating on an exhibit of works by artists who have been featured in a holiday season section of the Asheville-based arts publication over the past five years.

The exhibit, titled "'Tis the Season," will be open at the guild's Folk Art Center in Asheville through Nov. 24.

Since 1981, the publication's December issue has included stories focusing on works that artists and craftspeople have suggested as holiday gifts. They've appeared in a section

titled, "'Tis the Season To Be Giving."

The exhibit includes ceramics, fiber art, photographs, jewelry, sculpture, paintings, stained and blown glass, leather, wood and paper works.

The Folk Art Center is at Milepost 382 on the Blue Ridge Parkway in Asheville. It is open daily from 9 a.m. to 5 p.m.

New Bern Schedules Mini-Tour For Nov. 8

Four historic homes and a church will be featured on a mini-tour of New Bern on Nov. 8 as part of "New Bern At Night."

The event, which is sponsored by the New Bern Historical Society, is scheduled for 5 to 9 p.m.

Tickets, priced at \$15 each, must be purchased in advance. Group rates are available.

For information, write to New Bern At Night, P.O. Box 119, New Bern, NC 28560 or call Kathy Beckwith at (919) 638-8558.

Home Folks

Eugene J. Eisen, professor of animal science and genetics at N.C. State University, has received the 1986 Breeding and Genetics Award from the American Society of Animal Science. He was cited for the influence that his research has had on the improved efficiency of livestock growth and reproduction. The society also named **Lester C. Ulberg**, William Neal Reynolds professor emeritus of animal science at NCSU, as a fellow in the

organization **Herbert Crase** of Elizabeth City, a North Carolina Forest Service watershed forester has been honored by the American Forest Council for outstanding accomplishments in tree farm inspections. He was cited for his efforts to encourage more than 200 private woodland owners to participate in the American Tree Farm program. The program encourages management of woodlands to produce continuous crops of trees. **Dr. John A. Ewing**, an emeritus professor of psychiatry at UNC-CH, has been presented with a Founders Award from the American Academy of Psychiatrists in

Alcoholism and Addictions. He was cited for his work in the treatment and prevention of alcoholism and addictions and other research and teaching. He served as director of the UNC-CH Center of Alcohol Studies before retiring in 1984 **Dr. Paul M. Zia**, head of the N.C. State University Department of Civil Engineering, has been named a recipient of the 1986 Benjamin Garver Lamme Award, the highest honor presented by the American Society of Engineering Education **Emory P. Windsor, Jr.** of Rt. 2, Hamptonville, has been appointed to the Board of Directors of Crescent Electric Membership Corporation, Statesville, to fill the unexpired term of **Terry L. Crater** of Rt. 2, Hamptonville. Crater resigned due to job relocation.



Crase

Art Museum Offering Free Slide Programs

Nine slide programs on art for adult and senior high audiences are currently available from the North Carolina Museum of Art, including a recently updated introductory program on the museum and its collections.

The programs are free of charge; the borrower pays only the return mailing cost.

During fiscal year 1985-86, about 18,000 people viewed slide programs provided by the museum in classes and meetings around the state. Groups who borrow the slide programs are encouraged to follow them up with a visit to the museum.

All the programs are illustrated with works from the museum's collections and are accompanied by a printed script. Audio cassettes of the script are also available for most of the programs.

For information, call the museum education department at (919) 833-1935.

Sentinels of the Sea

The North Carolina Maritime Museum in Beaufort is currently featuring an exhibit titled, "Sentinels



of the Sea: American Lighthouses and Their Impact On Our History."

The exhibit, which on loan from the Museum of Coastal History at St. Simons Island, GA, presents an overview of lighthouses that dot the American coastline.

It will be on display through Dec. 15.

For more information, write or call the museum at 315 Front St., Beaufort, NC 28516. Phone: (919) 728-7317.

Art Museum Now Open On Tuesdays

The North Carolina Museum of Art is once again open on Tuesdays from 10 a.m. to 5 p.m., after having been closed on this day since October, 1986.

The Tuesday opening hours are made possible by funding from the N.C. Museum of Art Foundation,

Cover: Painting By Wilmington Artist

Our cover this month features an original acrylic painting by Patsy Lassiter of Wilmington, titled "Chipmunks and Lady Slippers."

The painting, which was done in 1984, was also on the cover of a 1985 calendar published by the Southeast Wildlife Expo in South Carolina.

Ms. Lassiter, a Rocky Mount native, is a self-taught artist who has been painting professionally for the past five years. She has won honors in wildlife art competitions sponsored by the N.C. Wildlife Federation and Ducks Unlimited.

a non-profit foundation which administers contributions to the museum from private sources. The funds will be used to hire the security personnel required to keep the museum open an additional day.

The Tuesday closings became necessary last year after the legislature cut the museum's appropriation by 10 percent.

Under the new schedule, the museum is open from 10 a.m. to 5 p.m. Tuesday through Saturday; until 9 p.m. on Fridays and from noon to 5 p.m. on Sundays. It is closed Mondays.

Three Men Honored By Agribusiness Council

The North Carolina Agribusiness Council has presented its top awards for 1986 to a grain farmer, a poultry processor and an agricultural scientist and educator.

Called the Governor's Awards and presented personally by Gov. James G. Martin, the awards went to L. Marion Dilday, president and general manager, Circle Grove Seeds, Inc., Belhaven; Dr. Kenneth N. May, president and chief executive officer, Holly Farms Poultry Industries, Inc., Wilkesboro and Dr. J. E. Legates, dean emeritus, School of Agriculture and Life Sciences, N.C. State University.

Decorative Arts Museum Opens New Wing Nov. 16

The Museum of Early Southern Decorative Arts in Winston-Salem will open a new wing to the public as part of its permanent collection on Nov. 16.

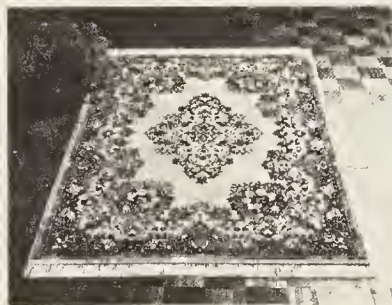
The addition features a hall, parlor and bedroom from a house from Northampton County, VA, dating to
Continued on page 8



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Continued from page 7

1759-1760; a parlor and bedroom copied from a 1769-1770 house in Charleston, SC and two galleries.

One of the galleries is devoted solely to the display of pre-1820 Southern-made metalwork, including cast iron, silver and longrifles.

For more information, write or call Sally Gant at the museum at P.O. Box 19310, Winston-Salem, NC 27108-0310. Phone: (919) 722-6148.

Historical Publications Publishes New Catalog

Whether you are an eighth-grade North Carolina history student

working on a project, a genealogist researching your family, or a professional historian writing a scholarly work about some aspect of North Carolina history, the Historical Publications Section of the Department of Cultural Resources has materials that you can use.

A new catalog that describes the section's 148 publications and gives ordering information is now available free to the public. Among materials included are books, pamphlets, periodicals, documentary books, maps, facsimile documents, posters and archival guides. New titles and those of special interest to genealogists are indicated.

Among the long-standing best-selling books offered again in the new catalog are: *The Pirates of Colonial North Carolina* by Hugh F. Rankin (72 pages, \$2.00); *North Carolina Legends* by Richard Walser (76 pages, cloth \$7.00, paper, \$3.00); *The Wright Brothers and Their Development of the Airplane* by Barbara Craig (23 pages, \$2.00) and *North Carolina Lighthouses* by David Stick (85 pages, \$3.00).

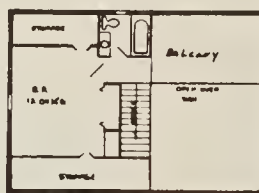
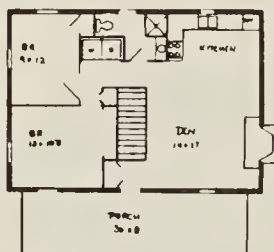
To receive a free catalog with information on these and other North Carolina related publications, write to Historical Publications Section, Division of Archives and History, 109 E. Jones St., Raleigh, NC 27611 or telephone (919) 733-7442.

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"Clinton Day USA" Scheduled For Nov. 1

North Carolina's Clinton will join Clintons in seven other states Nov. 1 for a special observance of "Clinton Day USA."

The purpose of the project is to generate community pride among the various communities which share the same name.

Scheduled events in North Carolina's Clinton include a prayer breakfast at 7 a.m., with 10K and 5K runs and a 5K fitness walk slated to begin at 9 a.m.

Other events include a talent show, a photo contest and an essay contest.

Hot-air balloons will be released at 12 noon, simultaneous with releases that are scheduled in the other Clintons that are participating in the project.

The other Clintons are in Connecticut, Illinois, New Jersey, Minnesota, New York, Oklahoma and Utah.

For more information, write or call the Clinton-Sampson Recreation Department, P.O. Box 199, Clinton, NC 28329. Phone (919) 592-1961, extension 261.

Campaign '86

The General Election

North Carolina voters will go to the polls Nov. 4 to choose individuals to represent them in the halls of Congress.

The state's 11 seats in the U.S. House of Representatives are up for grabs, with incumbents facing challengers in 9 districts.

Meanwhile, the race for a U.S. Senate seat has developed

into such a contest since the May primary elections.

The two House races offering voters no incumbents are in the Third District, where Rep. Charlie Whitley is retiring, and the Tenth District, where Jim Broyhill chose to seek a Senate seat instead of re-election.

Rep. Broyhill, who emerged from the primary as the

Republican candidate to succeed Sen. John East, was named to the seat after Sen. East's death.

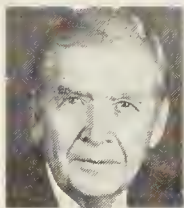
As a result, the contest for that seat now has incumbent Sen. Broyhill opposing former Gov. Terry Sanford.

This special section offers brief profiles of each of the candidates who'll appear on the Nov. 4 ballot.

United States Senate

Democrat

Terry Sanford is a partner in the Raleigh law firm of Sanford, Adams, McCullough and Beard. He was governor of North Carolina from 1961 to 1965; state senator, 1951 to 1955; and assistant director of the N.C. Institute of Government, 1946 to 1948. He was president of Duke University for 16 years and is the author of three books: *But What About The People*, *Storm Over The States*, and *A Danger of Democracy*. A native of Laurinburg, he attended Presbyterian Junior College and received the B.A. and LL.D. degrees from the University of North Carolina at Chapel Hill. He has also been awarded 21 honorary degrees.

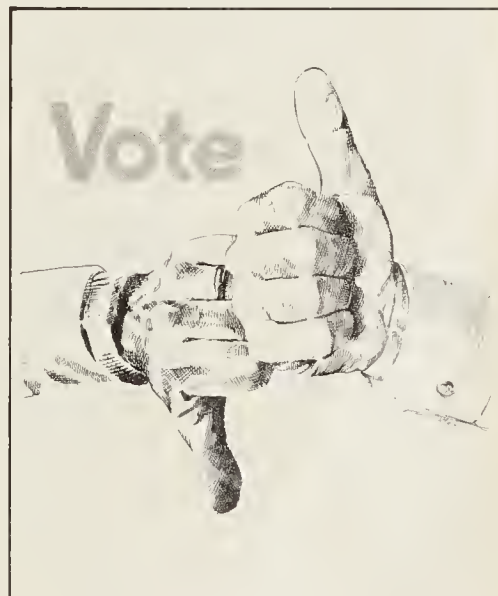


Republican

Rep. James Thomas (Jim) Broyhill of Lenoir was appointed to the U.S. Senate by Gov. James B. Martin following the death of Sen. John East. He currently serves on the Judiciary Committee and its subcommittees on Administrative Practice and Procedure and Security and Terrorism. He also serves on the Senate Armed Services Committee and is a member of the subcommittees on Manpower and Personnel, Military Construction and Preparedness. Before his Senate appointment, he was serving his 12th term in the U.S. House of Representatives, representing the state's Tenth District. He is a native of Lenoir, received a B.S. in Business Administra-

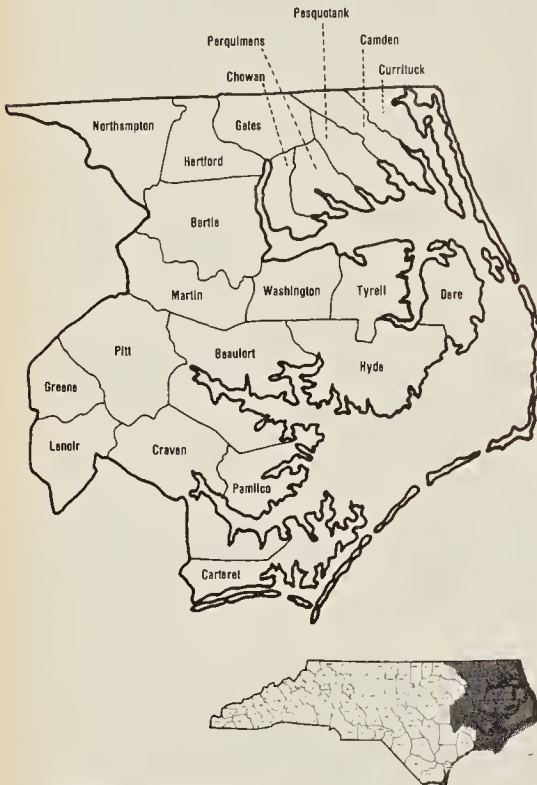


tion from the University of North Carolina at Chapel Hill. He is a former executive of Broyhill Furniture Industries.



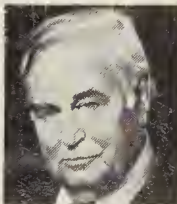
United States House of Representatives

First District



Democrat

Walter B. Jones of Farmville has represented the First District in Congress since 1966. He is chairman of the House Committee on Merchant Marine and Fisheries, a member of the House Committee on Agriculture and a senior member of the Subcommittee on Tobacco and Peanuts. He is a graduate of N.C. State University.



Republican

Howard Moya is a farmer who lives in Farmville. He is a former executive vice president of the United Tobacco Growers Association and former northeastern regional manager of the N.C. Department of Natural Resources and Community Development. He received a B.S. in agricultural economics from N.C. State University.



Second District

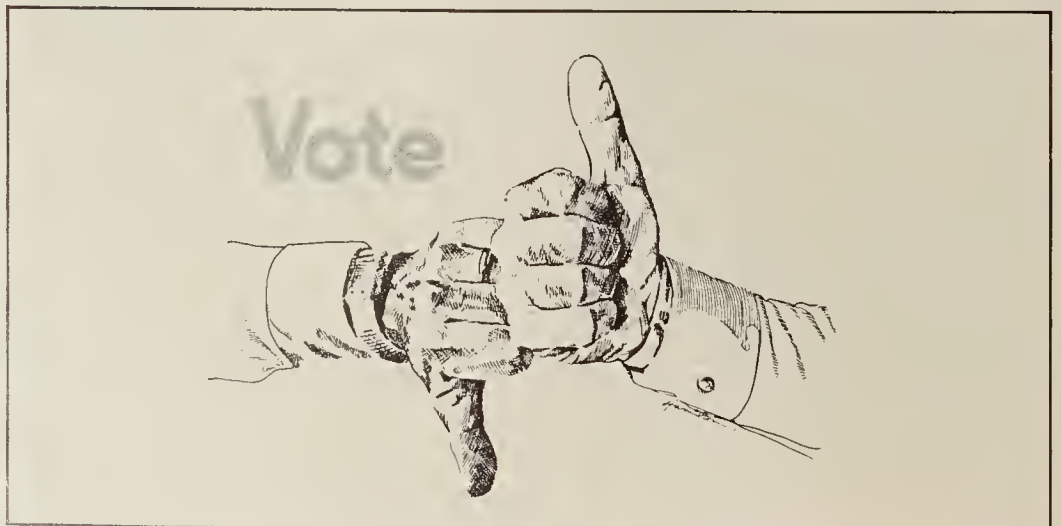
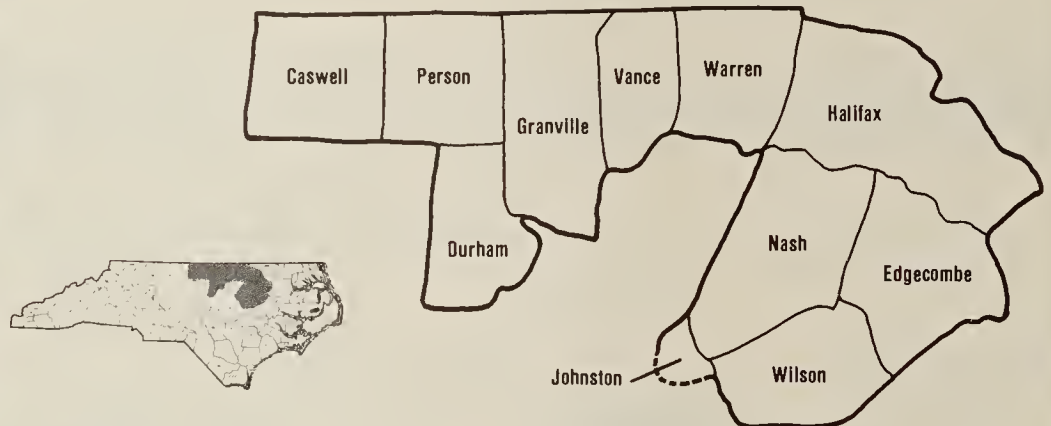
Democrat

I. T. (Tim) Valentine of Nashville has represented the Second District in Congress since 1983. He is a member of the Science and Technology Committee and Public Works and Transportation Committee, as well as five subcommittees. He is a former chairman of the N.C. Democratic Executive Committee. A native of Nash County, he received a B.A. in political science from The Citadel and a law degree from UNC-CH.



Republican

C. M. (Bud) McElhanev of Durham is currently working as a business consultant for Grace Heritage Schools in Research Triangle Park and formerly owned a bookstore in Durham. He grew up in Fort Worth, TX, and received an A.A. from Texas Christian University.



Third District

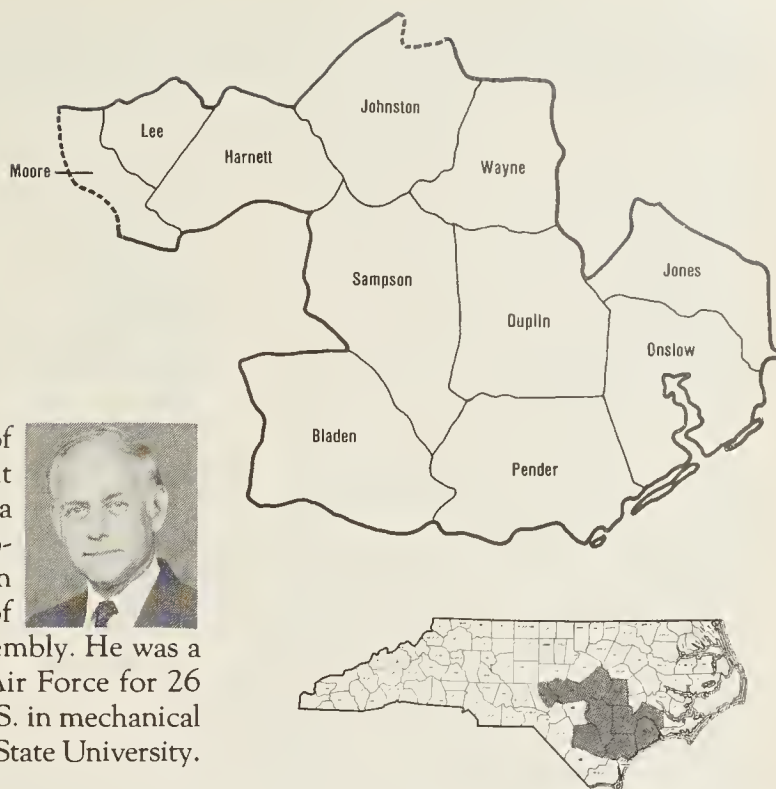
Democrat

Martin Lancaster of Goldsboro is an attorney in the law firm of Baddour, Lancaster, Parker and Keller, P. A. in Goldsboro. He has been a member of the N. C. House for eight years; chairman of the House Judiciary Committee and chairman of the Highway Safety Committee. Some of the legislative committees on which he served are: Appropriations, Housing, Corrections, Mental Health and Finance. He received his B.A. and law degrees from UNC-CH.



Republican

Gerald B. Hurst of Jacksonville is president of Barry-Hurst, Inc., a building and development firm. He served in the 1985-86 session of the N.C. General Assembly. He was a member of the U.S. Air Force for 26 years and received a B.S. in mechanical engineering from N.C. State University.



Fourth District

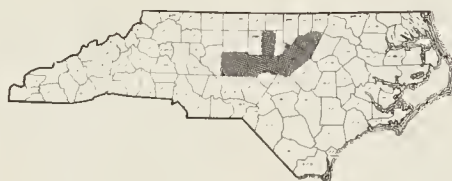


Democrat

David E. Price of Chapel Hill has taught political science and public policy at Duke University since 1973. He is a former chairman and executive director of the N.C. Democratic Party. Earlier, he was an aide to U.S. Sen. Bob Bartlett of Alaska and served as a consultant to the U.S. Department of Education and the U.S. Department of Housing and Urban Development. He also served as staff



director of the Commission on Presidential Nomination. He attended Mars Hill College and was a Morehead Scholar at UNC-CH. He received a Bachelor of Divinity degree and a doctorate in political science from Yale University. He grew up in Erwin, TN.



Republican

Rep. William W. (Bill) Cobey Jr. of Chapel Hill is seeking his second term in the U. S. House of Representatives, representing the Fourth District. His congressional assignments include membership on the Committee on Science and Technology and the Committee on Small Business. Before his election, he was a self-employed management consultant. Earlier, he served for eight years as director of athletics at UNC-CH. He ran unsuccessfully for Lieutenant Governor in 1980 and for the Fourth District seat in Congress in 1982. He has a degree in chemistry from Emory University, a master's degree in marketing from the Wharton School of Business at the University of Pennsylvania and a master's degree in health and physical education from the University of Pittsburgh.

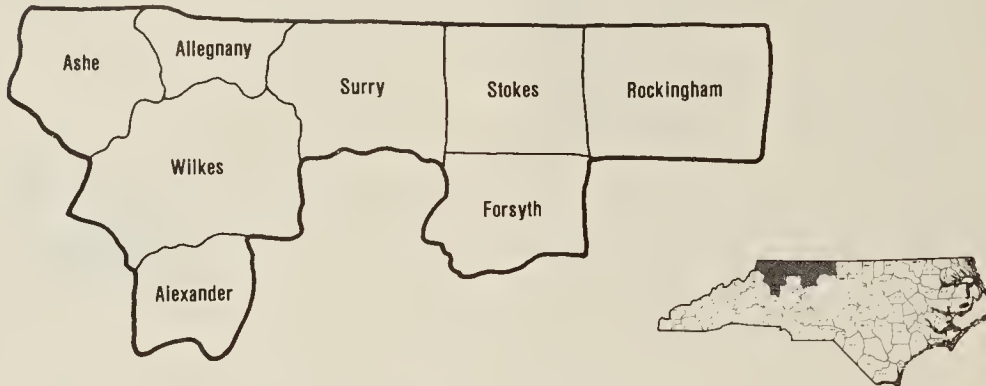


Continued on Page 12

United States House of Representatives

Continued from Page 11

Fifth District



Democrat

Stephen L. Neal of Winston-Salem has represented the Fifth District in Congress since 1975. He serves on the House Banking, Finance and Urban Affairs Committee and is chairman of the Banking Subcommittee on International Finance. He is also chairman of the House Sunbelt Council, comprised of House members representing the Sunbelt states. A native of Winston-Salem, he is a former mortgage banker and newspaper publisher.



Republican

Stewart W. Epperson of Winston-Salem is president of Salem Broadcasting, Inc. of Winston-Salem, which operates 14 radio stations. He serves on the boards of the Winston-Salem Rescue Mission and Wilds Youth Camp. He is on the board of the National Civil Liberties Legal Foundation and serves as national chairman of the radio broadcasters "Crafted With Pride in the USA" program. He was an unsuccessful candidate for Congress in the Fifth District in 1984.



Sixth District

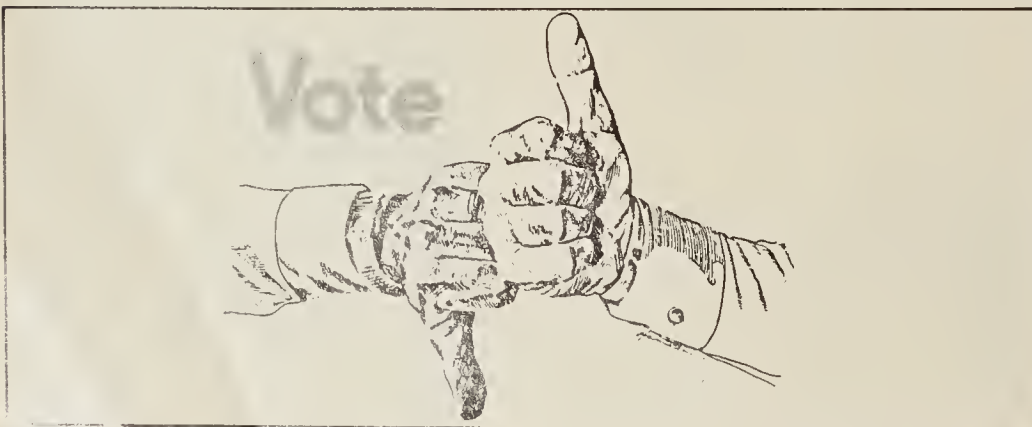
Democrat

Robin Britt is a tax attorney with the law firm of Smith, Helms, Mullis and Moore in Greensboro. He represented the Sixth District in Congress from 1983 to 1985, serving on the House Armed Services Committee and the Small Business Committee. A native of Asheville, he received his B.A. from UNC-CH, where he was a Morehead Scholar. He also has a law degree from UNC-CH. He received a graduate law degree in taxation from New York University.

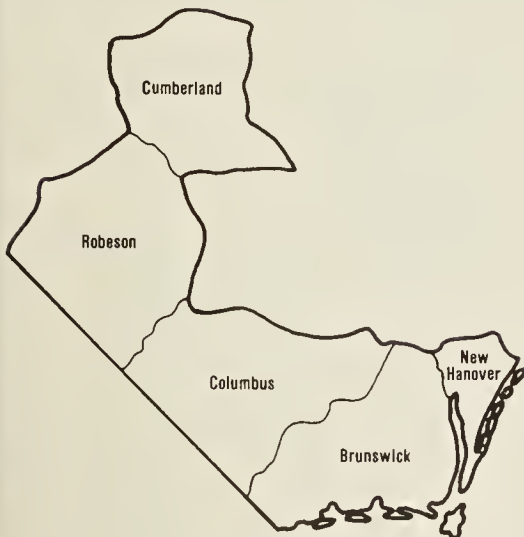


Republican

Howard Coble has represented the Sixth District in Congress since 1984. He serves on the Judiciary and Small Business Committees. He is a former member of the N.C. House of Representatives and was an assistant U.S. Attorney and commissioner of the N.C. Department of Revenue. He practiced law with Turner, Enochs and Sparrow of Greensboro. A native of Greensboro, he received a B.A. in history from Guilford College and a law degree from UNC-CH.



Seventh District



Democrat

Charlie Rose of Fayetteville has represented the Seventh District in Congress since 1972. He is a member of the House Agriculture Committee and chairman of the Subcommittee on Tobacco and Peanuts. He is also a member of the Committee on House Administration and chairman of the Subcommittee on Office Systems. He is a native of Fayetteville. He received a B.A. in history from Davidson College and a law degree from UNC-CH.



Republican

Thomas J. Harrelson of Southport is president of Harrelson Enterprises of Southport, which operates food stores and an appliance dealership. He served two terms in the N.C. House of Representatives and was chairman of House State Government, Water and Air Resources and Commercial Fisheries Committees. In 1985, he was appointed chairman of the N.C. Environmental Management Commission. He is a resident of Brunswick County. He is a graduate of UNC-CH and received a master's degree in international relations from the University of Pennsylvania's Wharton School of Business.



Eighth District

Democrat

W. G. (Bill) Hefner of Kannapolis has represented the Eighth District in Congress since 1974. He serves on both the Appropriations and Budget Committees and is a member of the Task Force on Defense and International Affairs. He is also chairman of the House Appropriations Subcommittee on Military Construction and a member of the Defense Appropriations Subcommittee. A Tennessee native, he worked as an entertainer for more than 20 years.

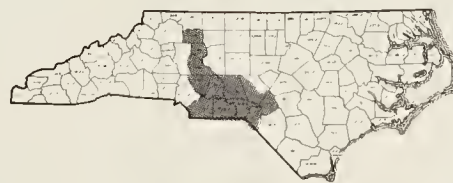


Republican

William G. Hamby Jr. of Concord is an attorney who taught in the Laurinburg-Scotland County schools from 1978 to 1980. He has been a member of the Cabarrus County Board of Commissioners since 1984



and has been on the N. C. Certification Board for Social Workers since 1985. He is also on the Piedmont Area Mental Health Board and the N. C. Republican Party Central Committee. He has a B.A. in education from UNC-CH and a law degree from Wake Forest University.



Continued on Page 14

United States House of Representatives

Continued from Page 13

Ninth District

Democrat

D. G. Martin of Charlotte is an attorney with the law firm of Kennedy, Covington, Lobdell and Hickman. He is the son of David Grier Martin, who was president of Davidson College from 1958 to 1968. The former high school teacher was an instructor in business law at UNC-C for five years. He is on the board of the National Land Council and is a member of the American Land Development Association. He is currently on the Board of Governors of the N.C. Bar Association. He has a bachelor's degree from Davidson College and a law degree from Yale. He was an unsuccessful candidate for Congress in the Ninth District in 1984.



Republican

Alex McMillan of Charlotte has represented the Ninth District in Congress since 1985. He serves on the House Banking, Finance and Urban Affairs Committee, the Small Business Committee and various subcommittees. He was formerly president and chief executive officer of Harris-Teeter Super Markets and liaison officer and chairman of Ruddick Corporation in Charlotte. He received a B.A. in history from UNC-CH and an MBA from the University of Virginia.

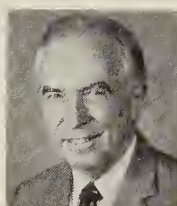


Tenth District



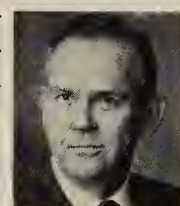
Democrat

Lester (Les) Roark of Shelby is an administrator in the N. C. Attorney General's office. He was campaign manager for Attorney General Lacy Thornburg and administrative staff director for U. S. Senator Robert Morgan. A Cleveland County native, he has served on the Shelby City Council.



Republican

Cass Ballenger of Hickory, president of Plastic Packaging Inc. of Hickory, has served five terms in the N. C. Senate and one in the House. He is chairman of the Base Budget Committee for Education. He is a past chairman of the Catawba County Republican Party and the Jim Martin for Governor Steering Committee. A native of Hickory, he attended UNC-CH and received a B.A. degree from Amherst College.



Eleventh District

Democrat

James McClure Clarke of Fairview is a dairy farmer and apple orchard coordinator. He served two terms in the N.C. House and one in the N.C. Senate. He served in the U.S. House of Representatives in 1983-84. He is a trustee of Warren Wilson College and former chairman of the Buncombe County Board of Education. A native of Manchester, VT, he received a B.A. from Princeton University.



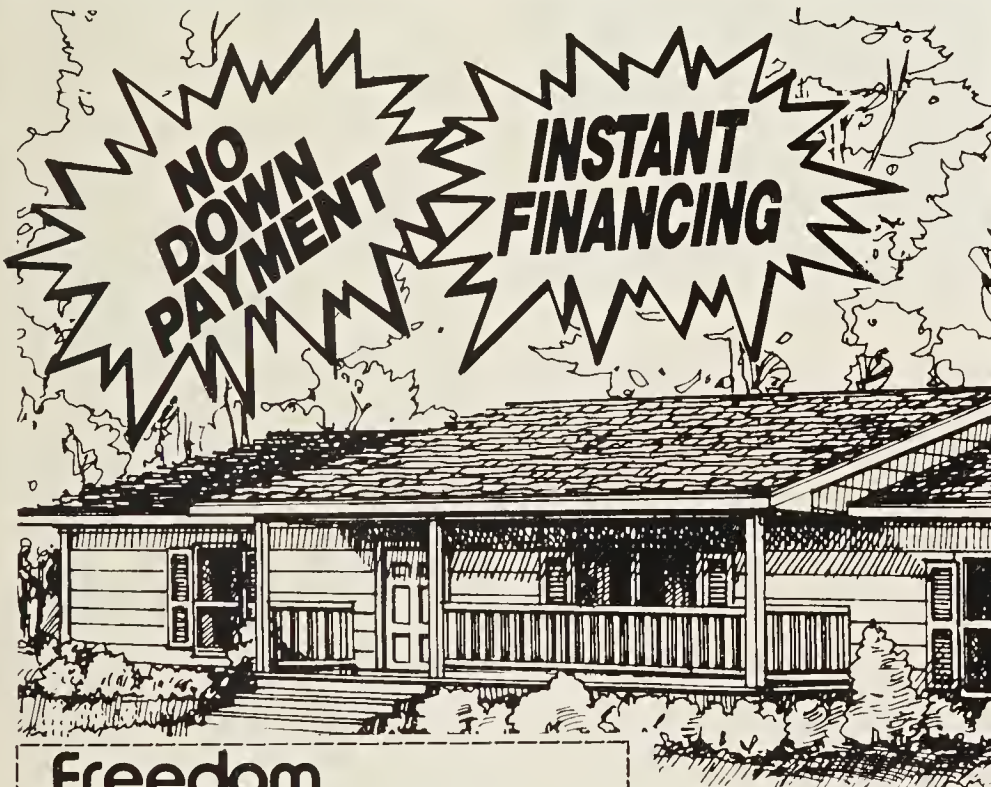
Republican

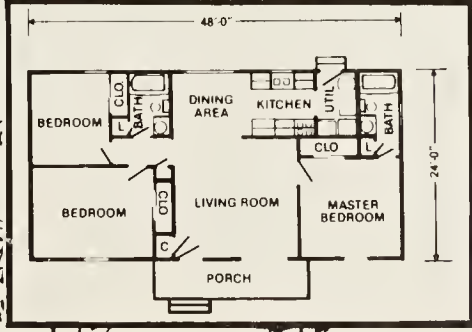
W. M. (Bill) Hendon of Asheville has represented the Eleventh District in Congress since 1985. He also served in the House from 1980 to 1982. He currently serves on the House Interior and Insular Affairs



Committee, the Veterans' Affairs Committee, the POW/MIA Task Force and the Textile, Social Security and Military Reform Caucuses. An Asheville native, he received his bachelor's and master's degrees from the University

of Tennessee. He was an instructor at that university's College of Business Administration and at Western Carolina University and Mars Hill College. He later served as general manager of a manufacturing firm.





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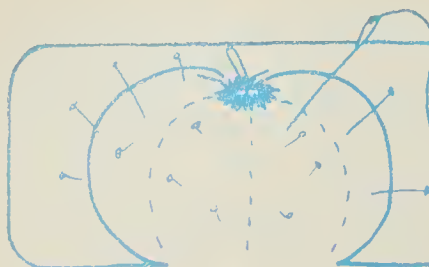
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Pattern No. 4043 is cut in Half Sizes 12½, 14½, 16½, 18½, 20½, 22½ and 24½.

Pattern No. 597 includes directions to crochet Women's Sizes 32-46 jacket.

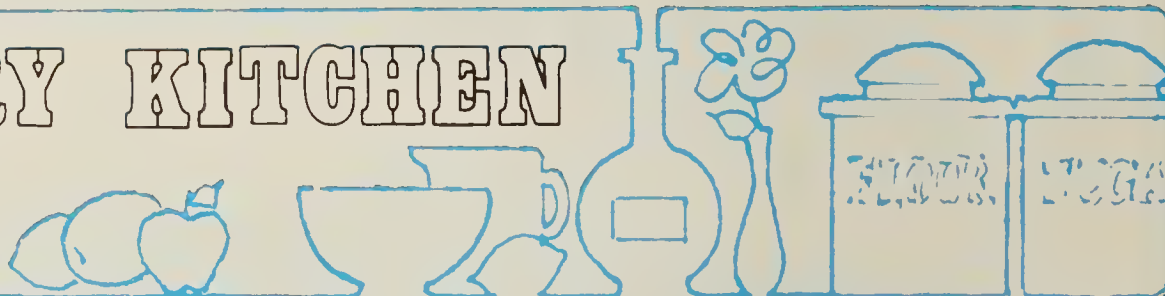
Pattern No. 675 includes directions to sew Baby Betty Boop doll and wardrobe.

Pattern No. 601 includes directions to embroider horse motifs on quilt.

Pattern No. 7065 includes directions to filet crochet butterfly placemats.

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COUNTRY KITCHEN



Want To Share Your Recipes?

If you would like to share a recipe with this column, send it to: Carolina Country, P.O. Box 27306, Raleigh, NC 27611.

We pay \$5 for published recipes and present each monthly winner a set of 50 recipe cards featuring a reprint of the published recipe.

Chocolate Mint Microwave Cake

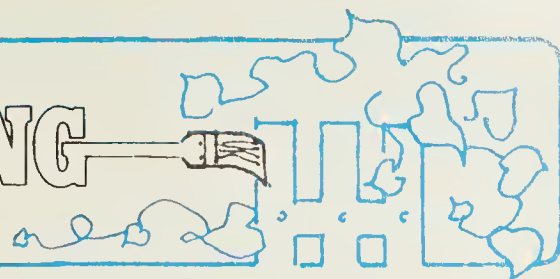
Submitted by Tryphenia Gibbs of Lexington, NC

1 box chocolate mint cake mix	½ cup coconut
1 cup chocolate icing	½ cup nuts (optional)

Apply vegetable oil spray to glass baking dish and set aside. Follow directions on cake mix box, but use ¼ cup less milk. Spread cake mixture in prepared baking dish and put in microwave. Bake on full power for 7 minutes. Turn baking dish halfway through cooking time.

Topping: Stir coconut and nuts (optional) into icing. Spread topping on baked cake. Cool for 30 to 60 minutes and serve.

DO YOUR OWN THING



Use Your Own Crafts For Yule Decorating

You can easily fill your home with the spirit of Christmas with the help of special seasonal crafts guidebooks:

- *Ideas from Granny's Christmas Cupboard* is a 15-page guidebook overflowing with old-fashioned holiday decorations. It includes step-by-step instructions and full-size patterns for more than 25 projects. Also included are color photos and a complete materials list for each project—as well as helpful hints on cutting, stuffing, etc.

Pictured here is Merri Christmas Mouse surrounded by some of her favorite decorations: the Snow-Brite Wreath, Quilted Stocking, Reindeer Basket, Victorian and Soft-Sculpture Ornaments. Other projects include a Holly Garland, Tree Skirt and Ribbon Stocking.

Ideas From Granny's Christmas Cupboard, #SP35, is \$5.

- *First Fabric Noel* is a 17-page guidebook outlining how to cut and sew a dozen felt and fabric Christmas ornaments. With these helpful hints, you can make doll-like Teddy Bears, duck ornaments and a complete manger scene with Mary, Baby Jesus, an angel and more.

First Fabric Noel, #G477, is \$6.25.

- *The Look of Yesteryear* shows you how you can transform simple crocheted items into elegant old-world decorations with just a little work.

Using bedspread weight white cotton crochet thread and basic crochet tools, follow the step-by-step instructions in this 16-page guidebook to make lovely Christmas ornaments and more than a dozen other projects.

The Look Of Yesteryear, #GM59, is \$4.75.

- *Wooden Ornaments and Creche* is a 24-page guidebook of patterns and instructions for making handcrafted

Christmas tree ornaments and a Nativity scene.

The Nativity scene features the 4" tall figures of Mary, Joseph and the Wise Men, plus baby Jesus and background scenery. All the figures are



cut out according to the guide's directions and then mounted on a 13" oval base.

Some of the brightly painted tree ornaments which are also included in this guidebook are: an angel, clown, train, partridge, teddy bear and Babes-in-Toyland sentry.

Wooden Ornaments And Creche, #U111, is \$4.75.

- Additional guidebooks full of charming Christmas projects are: *Country Christmas*, #B70, \$7.25; *Handicraft Grab Bag* #C37 (five different guidebooks not including #SP35, #G477 or #B70), \$6.50.

All prices include first class postage and handling.

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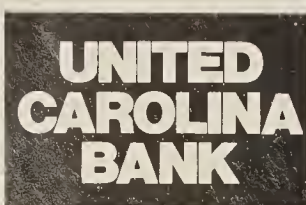
City

State

EMC ANNUAL MEETINGS CALENDAR

Date	Electric Membership Corporation	Time	Location
Oct.			
18	Brunswick, Shallotte	Registration: 8:00 a.m. Business Meeting: 10:00 a.m.	West Brunswick High School, Highway 130 Shallotte
25	Rutherford, Forest City	Registration: 10:00 a.m. Business Meeting: 11:00 a.m.	East Rutherford High School, Forest City
Nov.			
1	Tri-County, Dudley	Registration: 12:30 p.m. Business Meeting: 1:30 p.m.	Southern Wayne High School Gymnasium
13	Pitt & Greene, Farmville	Registration: 6:45 p.m. Business Meeting: 7:30 p.m.	Farmville Central High School Auditorium
Dec.			
5	Tideland, Pantego	Registration: 6:30 p.m. Business Meeting: 7:30 p.m.	Arapahoe Elementary School, Arapahoe

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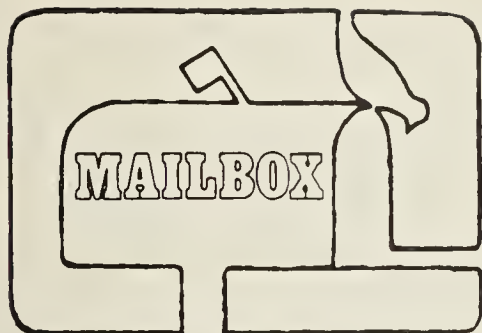
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Scrambled Satellite TV: Not Fair "To Poor People"

Mr. Paul Wesslund, your editorial in *Carolina Country* ("Viewpoint," September), is very good.

I bought the cheapest satellite receiver I could find and it cost me \$1,260 complete, but with finance charges, it was \$1,900.

Now I have to buy a decoder (to receive scrambled signals) for \$395; plus paying extra money for each channel I get. People in my area can get a movie channel and most other channels for \$21 a month.

I don't think it's fair to the poor people of this state. Please do everything you can to help the people.

Please send me all the information you can. I'm ready to pay \$10 a month (for co-op satellite TV service).

Dennis T. Hucks
Rt. 4, Tarboro

Thanks For "Your Kindness"

Many thanks to you for publishing two recipes from the cookbook by

Harrison United Methodist Church, Pineville ("Scrapbook," August).

As a result of your kind publicity, we have mailed 55 recipe books in your circulation area. Indeed, we are grateful for your kindness.

Frances Leonard
Matthews

Another Theory About That "Strange Wagon"

My theory about the "strange wagon" ("Grits" June, July and August)

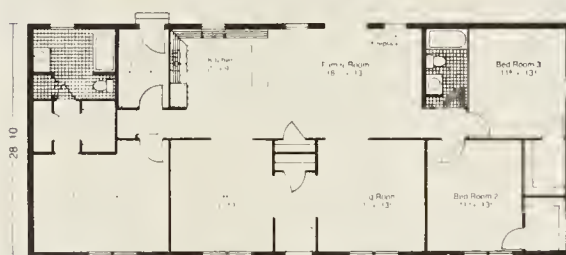
is that the wagon was made to hitch up oxen to it for oxen used yokes. The way the tongue is made, it would fit over the oxen to pull, and a two-horse wagon just has one tongue down the middle of the wagon and a one-horse wagon has shaves to back the horse into it and hook him up.

I have lived on the farm all my life and know what some wagons are like. I'm 65 years old; my husband is 69.

I like to read *Carolina Country*.

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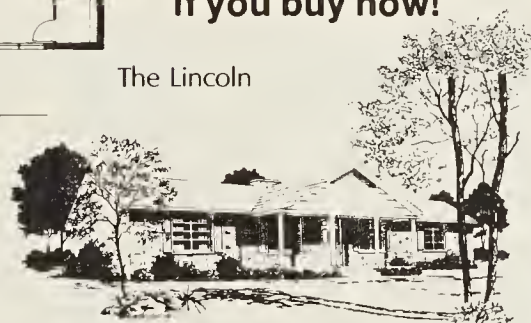


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On Refrigerator

Use Flood Lamp To Check Door Seal

You wouldn't intentionally waste electricity by leaving your refrigerator door ajar.

But your refrigerator or freezer may be wasting energy even when it is closed if the gasket doesn't seal tightly.

The gasket is that rubber strip around the inside edge of the door that keeps the door airtight.

You may have heard of the "dollar bill test."

Back when refrigerators had mechanical door latches and firm rubber gaskets, you could test the seal with a dollar bill. You simply closed the door on a bill and then checked to see if you could pull it

out. If you could, the gasket was not sealing properly.

But today, most refrigerators use magnetic door gaskets that have a much lighter sealing pressure.

This is because federal safety regulations require that refrigerator or freezer doors must be able to be pushed open from the inside.

The only way to check a magnetic door gasket is to place a 150-watt outdoor flood lamp inside the refrigerator and freezer compartments. A smaller watt bulb isn't bright enough.

Dim the kitchen lights. Aim the light to one length of the gasket at a time, having the light cord exit through the other side. Close the

door. Check the entire length of the gasket. If the light shows through, it is not tight.

Move the lamp and cord to the other sides of the gasket. Use a mirror to inspect along the bottom of the door.

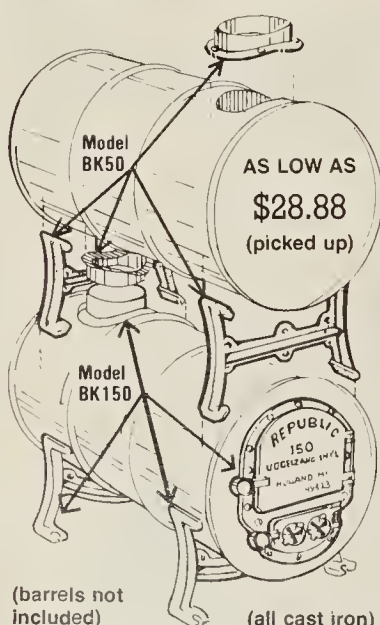
What causes a poor gasket seal?

If the gasket is torn or damaged it will need to be replaced. But if the gasket looks fine, your refrigerator may not be sitting properly on the floor. This causes the door to gap open at the top or bottom.

Fix this by adjusting the leveling legs or rollers until the refrigerator is sitting firmly on the floor.

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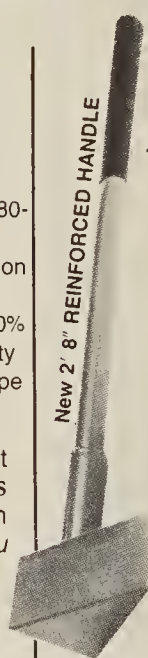
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Consider Nursing Home Options Before Need Becomes Critical

The decision to enter a nursing home can be difficult but unavoidable. "Sometimes something must be done and if there is no help available for home care, the nursing home may be the only choice," said Dr. Leo Hawkins, extension human development specialist, North Carolina State University.

The nursing home should not be viewed as a final move because many older people do make it back home. For this reason it may be best not to put all of a person's finances into a long-term contract for lifetime care.

It's best to discuss the possibility of a nursing home before one is needed, Dr. Hawkins said. Two basic types are available.

- Skilled nursing care is for those requiring 24-hour-a-day supervision and treatment by a registered nurse. Professional rehabilitation therapy is also available:
- The intermediate care facility in this state provides a qualified nurse eight hours a day for those who require nursing care, but not constant medical supervision. Intermediate care costs only about half of what skilled nursing costs.

There are also homes for the aged and family care homes with semi-private rooms, meals and some personal care.

Before making a decision, visit various homes, noting the cleanliness, atmosphere and attitude of the staff, Dr. Hawkins suggested.

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Eyes: Brown
Height: 3'
Weight: 32
Hair: Dark Brown




Kelly Juanita Staples

Date Missing: 1/8/80
From: Chicago, Illinois
Date of Birth: 7/28/73
Black Female
Eyes: Brown
Height: 3'
Weight: 42
Hair: Black

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On Insurance Needs

Volunteers To Assist The Elderly

The familiar face of the television actor, well known to older Americans, quickly stirs attention.

In a calm and reasoned voice he says Medicare benefits may not cover the large medical bills that many older folks run up and then offers this assurance: "You cannot be turned down for this policy—the one I carry myself." Then comes a handy toll-free telephone number to call for more details.

This is only one of the many methods of selling health insurance to older folks these days.

In North Carolina, more than 730,000 people are eligible for Medicare and 40 insurance companies sell coverage to supplement the federal program.

Some salesmen may do a "profile" on a prospect, looking into coverage already provided, and give good advice on a future course. However, other salesmen may go for "the bottom line"—selling their policies regardless of need.

Some gullible customers may buy a whole series of policies, some of them with duplicating coverages. Premiums may amount to several hundred dollars a year—often from people who are not rolling in money.

The North Carolina Department of Insurance receives complaints about many of the policies sold in the state. In 1985, 632 complaints were received about Medicare supplements—and the pace is quickening. In the first seven months of 1986, 583 complaints were received—almost as many as all of 1985.

Insurance Commissioner Jim Long decided that something should be done about the problem. So in addition to official actions by his own employees, he has launched a new statewide program aimed at educating older North Carolinians about their real insurance needs.

The effort, which is known as the Senior Health Insurance Information

Program (SHIIP), is already underway as a pilot program in Wake County. Under this program, Insurance Department representatives give direct training to volunteers, who will give unbiased advice to people with insurance problems.

Volunteer counselors are now participating in twice-a-week training to get them ready for the task ahead. Plans call for the program to expand later to other counties across the state.



Commissioner Long says, "I'm very concerned that many of our senior citizens do not understand nor can find needed information when trying to make a decision on insurance needs."

He adds that the volunteer counselor program "will serve as a focal point ... to make information available to our citizens by recruiting and training interested volunteers."

The training program, which involves a total of 14 hours of instruction, is the first step in actually putting SHIIP into effect. Once trained, counselors will visit elderly people and advise them as needed.

Mickey Hanula, who is assisting Long with the project, said that the main problem with insurance for seniors is that they often overinsure themselves—or buy expensive policies

that are too high in price for individual budgets. But some salesmen may actually try to push almost useless policies, she added.

As the program moves statewide, hundreds of older citizens will be trained as volunteer counselors to talk with and advise other mature Tar Heels.

"We feel that these unpaid counselors will be able to relate to others their own age and will have high credibility," Mrs. Hanula said.

If you're interested in becoming a SHIIP volunteer counselor or in helping get such a program started in your own county, call Mrs. Hanula or Carla Suitt at (919) 832-9080 in Raleigh or write to: SHIIP, N.C. Department of Insurance, Box 26837, Raleigh, NC 27611.



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HANK'S GARDENING GUIDE

Numerous gardening projects are brought on with the change of season now taking place. Such activities include planting annual flowers and vegetables. Also, it's time to select woody plants for landscape placement. If not already tended to, perennial flowers should be dug, divided and replanted.

Mulching

Replace mulches in shrub borders as necessary. A two-inch mulch will protect the root systems from cold temperatures and will conserve moisture.

Among the good materials to use for mulch are ground bark, pine needles, old sawdust, wood chips and peanut hulls.

Annuals and Perennials

Among the annuals to be planted now are calliopsis, foxglove, Queen Anne's lace, snapdragon and sweet pea. Seeds of perennials to plant now include delphinium, forget-me-not, hollyhock, Canterbury bells and Sweet William.

Planting Sweet Peas

By planting sweet peas now, you'll be rewarded with early blooms next spring. For best results, prepare the planting site ahead of time.

Dig a trench eighteen inches wide and twelve to eighteen inches deep. Locate the trench on the south side of a building. Fill the bottom six to eight inches with sterilized cow manure and the remainder with a mixture of equal parts peat moss and garden soil. Apply a pound of complete fertilizer to each fifteen feet of trench. Water thoroughly. Allow soil to settle for several days before planting.

Soak sweet pea seed overnight in warm water. This hastens germination.

Make a furrow in the trench two

inches deep. Plant seeds two inches apart. Cover seeds and soak the trench with water.

As seeds germinate, provide a trellis or other support for vines to climb on.

Plan Ahead



Select landscape plants for what they will do for your home and yard. With our wealth of plants in the Carolinas, it is wise to be selective and not

overplant with numerous varieties and species. However, for those who like variety, a shrubbery border may be planted in various shrubs. This often makes a good background screen or hedge for the property line. It also supplies a source of cut material for use indoors.

In selecting plants for the landscape, consider what they look like when grown. Decorative values of flowers, fruits, foliages and stems are important. Very important, too, are upkeep and cultural needs of plants you select. Knowing the plant size at maturity will help in locating the plant where it has plenty of "elbow room" and "head room" for proper growth.

Control Annual Bluegrass

Annual bluegrass (*Poa annua*) is a cool-season weed that makes itself evident in lawns during the cooler months of the year. When warm weather comes, it dies out, leaving bare spots in the lawn.

The time to treat lawns for this pest is in the fall. Excellent control can be obtained by applying pre-emergence herbicides before seed germination. Read the label carefully and make the application as directed.

Chemicals used to control lawn weeds can damage and discolor grass

if you apply them during dry periods. If rainfall has been scarce, water the lawn well several days before you apply the herbicide. Actively growing grass can withstand these chemicals far better than grass that is hampered by drought.

Transplant Evergreens Now

October and early November are good times for transplanting evergreens—including broadleaf types such as Rhododendrons and azaleas, as well as needle-types such as spruce, hemlock, fir and yew.

If you live in the higher elevations, it is advisable to delay transplanting until spring.

With fall-planted evergreens, the ground should be mulched. Should weather be dry after planting, soil around the plants should be thoroughly soaked at least once a week. Do not water every day as such could cause water-logging of the soil—which can be fatal to the plant.

Frost Due

Frost is due later this month in some areas. Although broccoli can withstand a light frost without damage, go ahead and harvest when temperatures are predicted to go below 25 degrees.

Collards and kale are frost tolerant; in fact, frost improves their flavor.

Wood Ashes

Ashes from your fireplace will benefit your vegetable garden's soil. Such ashes contain about 5.5 percent potash.

Collect wood ashes when you clear the fireplace and store them in a dry place. If you put ashes out now, the potash will leach too deep into the soil to be reached by plant roots.

Spade ashes into the soil in the spring.

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WASHINGTON SCENE

Administration Policies Troubling GOP Candidates Despite Reagan Popularity

Most Washington observers are scratching their heads these days, trying to come up with answers to two questions:

- Which party will have control of the U.S. Senate after next month's elections?
- How does President Reagan retain his popularity with the American people when so many disagree with him on the issues facing the country?

The observers can analyze polls and examine trends to get some feel for how the elections may affect the Senate. But nothing seems to help them understand how Reagan can keep an unprecedented 60 percent approval rating.

Certainly the nation is at peace and the economy is fairly healthy. Yet, voters remember that the worst recession since the 1930s occurred during Reagan's first term. Also, many sections of the nation are hurting and banks have been closing at a record rate.

The people who study such things agree that it is Reagan himself who's responsible for his standing in the polls—and decidedly not his achievements.

They point to the fact that the President is a master of television, which now commands more public attention than any other medium.

Also, he has had superb public relations men in the White House who have known how to exploit every possibility for recording memorable scenes. Who can forget Ronald Reagan in Normandy, paying tribute to the dead of World War II—with the white crosses in the background?

He somehow makes the country—or 58 percent of it—feel good about itself.

He proves it regularly as he draws large and approving crowds while stumping the country trying to help elect enough Republican senators so that his party can retain its narrow majority in the Senate during his last two years in the White House.

There's a problem for Republicans in this, because Reagan is much more popular than many of his administration's policies. In fact, some Republican candidates have said they'd prefer that he skip their states in his campaign forays.

Sen. Charles Grassley (R-Iowa), who seems a shoo-in to be returned

for a second term, has been campaigning against Reagan's farm policies in a state which has been devastated by low corn prices. Grassley has also been an outspoken critic of the Pentagon.

A number of GOP senators and representatives would welcome Reagan's charisma but not his policies and it's hard to have it both ways.

In North Carolina, Sen. Jim Broyhill—appointed to the Senate after the death of Sen. John East—has run into this problem.

When he announced his candidacy, Broyhill said he was running as a supporter of Ronald Reagan. The president visited the state and at a fund raiser in Greensboro raised more than \$600,000 for Broyhill's campaign.

But the Democratic candidate, former Gov. Terry Sanford has been touring the state, criticizing not Reagan but the hard times in the textile industry and on family farms. And textile workers don't need much reminding that Reagan recently vetoed a bill aimed at restricting cheap imports that are blamed for the country's textile woes.

The situation is much the same in industrial areas, where there have been layoffs at steel plants and in mining, where imports have undercut profits.

Indeed, in many states, Republican candidates like to talk about Reagan, seeking the advantages of his personal popularity, while Democratic opponents campaign against the policies of the administration that they say have brought hard times and unemployment in their states.

Almost everybody agrees that control of the Senate will be crucial during the next two years—and that where it ends up will be determined by a narrow margin of victory.

As usual, one-third of the Senate's membership must face the voters this November. The Democrats would seem to have an advantage in the numbers because only 12 Senate seats occupied by Democrats are up for grabs while 22 Republican

terms expire. Sixteen of the latter are Republicans who were elected in 1980 when Reagan scored a landslide victory over President Jimmy Carter, helping them to upset victories.

That means that those 16 will be facing the electorate for the first time since they came to the Senate—this time without a Ronald Reagan on the ticket. And many of them were elected in 1980 by very small margins.

The best three Democratic chances to pick up seats seem to be in Maryland, Florida and South Dakota.

In Maryland, Sen. Charles Mathias, a Republican who frequently votes with the Democrats, is retiring and Democrats are confident they can win, since the state is normally one their party carries.

In South Dakota, GOP Sen. James Abdnor is the underdog to Rep. Tom Daschle. Abdnor was hurt last month when the Farmers Home Administration, which has many delinquent farm loans on its books, decided to turn the loans over to a private collection agency. Since hundreds of the state's farmers were affected, Daschle promptly made it an issue and all Abdnor could do was to agree it was a real blow to the state. Once again the administration's policies hurt the GOP candidate in a state that Reagan carried handily twice.

In Florida, Gov. Bob Graham is leading GOP Senator Paula Hawkins by a considerable margin in the polls and is the favorite to put that state back into the Democratic column.

The Republicans, for their part, feel that if they can win two of the seats where Democrats are retiring, that will make the Democrats have to gain six seats from incumbent Republicans, instead of four. They may have a chance, since their candidates are favored in Louisiana, where Russell Long is leaving and in Missouri where Thomas Eagleton is departing.

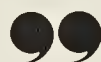
Rep. Henson Moore, the Republican, is favored in Louisiana over Democrat John Breaux and former Gov. Christopher Bond has a

slight lead in the polls over Lt. Gov. Harriet Woods, the Democratic nominee.

In 18 of the 34 seats to be filled, the results seem to be fairly certain, barring some slip of the tongue or other unforeseen happenings. That leaves 16 states where there is some doubt about the outcome.

Republicans seem to have an opportunity to pick up five seats that are now filled by Democrats. They are Louisiana, Missouri, Colorado, California and Vermont.

Democrats have a chance to pick up 11 seats that are now occupied by Republicans. They are Florida, South Dakota, Idaho, Nevada, North Carolina, Oklahoma, Georgia, Alabama, Pennsylvania, Washington and North Dakota.



**Almost everybody agrees
that control of the U.S.
Senate will be crucial
during the next two years—
and that where it ends up
will be determined by a
narrow margin of victory**



The larger number of states in the doubtful column that are held by Republicans reflects the fact that more of the states to elect senators happen to be held by Republicans.

Four states heading into October are listed as "dead even." They are Idaho, Nevada, Colorado and North Carolina.

In most states, issues that touch the lives and pocketbooks of the residents are having an impact and these originated with the policies of this administration.

In Washington state, Sen. Slade Gorton, a Republican, has been under fire from the press and his opponent, former Transportation Secretary Brock Adams, for switching his vote to support the nomination of Daniel Manion, a

controversial newly appointed federal judge, in exchange for a judicial appointment of his choice in his home state.

But another issue being raised to more effect by Adams is the possibility that Washington may get a nuclear waste site.

The same issue is being used to the Democrats' advantage in Nevada.

Washington political watchers agree on one thing: this is not an election that can be predicted with any certainty.

Many believe the outcome could be a Senate divided 50-50, a result that would please several Republican presidential hopefuls, because George Bush might be kept in Washington breaking tie votes instead of traveling on the campaign trail.

The results, they say, will leave either party with a margin so thin that the defection of one or two votes on any issue could change the result of a vote in the Senate.

While the Senate races are regarded as by far the most important this year, there are other key contests.

There are 36 races for governor to be decided in November. The Democrats concede that the GOP will make some gains because in the 36 states which will elect chief executives, 27 are now held by Democrats. The mathematics favor Republicans just as the Senate numbers favor Democrats.

Both parties agree that Democrats will score some slight gains in the House of Representatives and Republicans would be glad to hold the net gain to 10 seats.

Nowhere will the results be more closely watched than in North Carolina, where two years ago in the Reagan tidal wave GOP candidates ousted four sitting Democratic House members. All four face serious opposition, two of them by the incumbents they defeated in 1984.

If the Republicans hold those four seats, the outcome may support GOP claims that there is a general realignment in political feeling with the tide running in favor of the Republicans.

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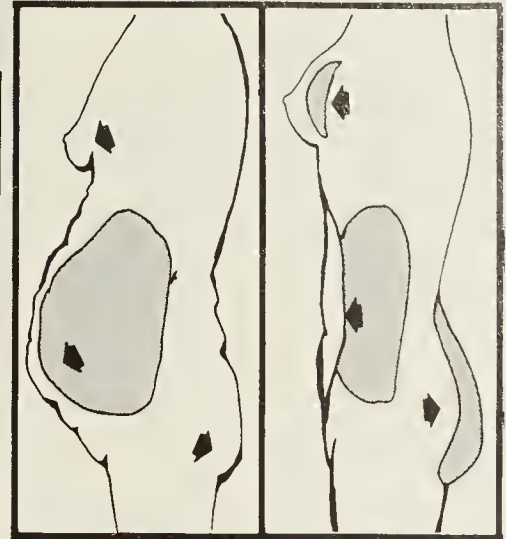
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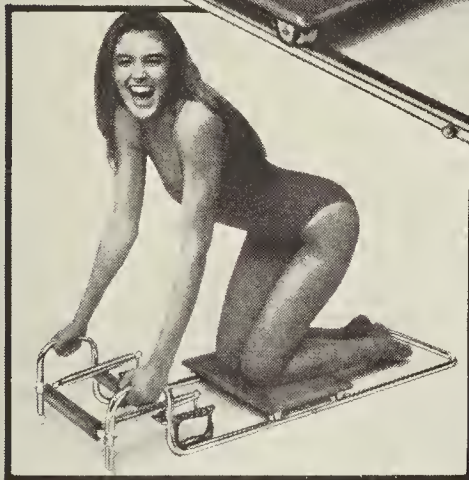
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Make Sure Voting Is On Your Nov. 4 "To Do" List

We've devoted a lot of space (pages 9-15) in this issue to coverage of the General Election, which will come around on Nov. 4. If you haven't followed the U.S. Senate and House races through other media, our special section may be helpful to you since it offers brief biographical profiles of the candidates in each of those contests.

In any case, I hope you'll carefully consider how these candidates would represent your interests in Washington and be prepared to vote on Nov. 4.

You'll probably be busy that day and you might well be tempted to drop voting off your "to do" list, rationalizing that your one little vote wouldn't mean much in the outcome of the election. Just remember:

- In 1776, *one vote* gave America the English language instead of German.
- In 1845, *one vote* brought Texas into the Union.
- In 1886, *one vote* saved President Andrew Johnson from impeachment.
- In 1875, *one vote* changed France from a Monarchy to a Republic.
- In 1923, *one vote* gave Adolph Hitler leadership of the Nazi Party.

High Marks For Citizen Involvement In Politics

Although voter turnout in the U.S. generally has been unimpressive in recent years, a new report on the quality of social progress in various nations rated this country first in citizen participation in the political process.

The report, prepared by researchers at the University of Pennsylvania, ranked the U.S. fifth in health care, seventh in economic conditions, tenth in education and fourteenth in women's status.

Overall, the nation ranked 27th out of 124 nations on the basis of economic development, social and political conditions and their ability to provide for their citizens from 1980 to 1983.

Denmark was rated overall as the best place in the world to live.

The findings showed that the U.S. moved up from its ranking in a similar study conducted in 1982. It ranked the nation 41st out of 107 countries.

What Would You Look For In An Ideal Mate?

Another recent study surveyed more than 1,500 Americans regarding the qualities they'd look for in an ideal mate.

Most (59 percent) of the survey respondents said their ideal mate should be warm and loving. Almost as many (57 percent) are looking for a mate with a sense of humor.

Other qualities rated as follows:

Intelligence, 44 percent; honesty, 37 percent; common interests, 34 percent; good looks, 25 percent; sexiness, 14 percent.

What about money, you say?

Only 10 percent of those surveyed would look for wealth in an ideal mate.

Survey: Tar Heel 4-H'ers Have Traditional Values

Closer to home, yet another survey posed questions to 222 teenagers from across North Carolina about what they consider most important in their lives.

The teens questioned were all members of 4-H attending the state 4-H Congress in Raleigh.

The survey findings suggest that the 4-H'ers have traditional American values, placing top importance on religion, family and friends. They're also dedicated to the work ethic.

"They hope to hold good jobs where they can do something important," said Dr. Leo Hawkins, director of human development

specialist at N.C. State University.

There was little difference in the way boys and girls answered the questions.

Fifty-one percent of those surveyed ranked "having God at the center of my life" as number one in importance in their lives. An additional 13 percent ranked God as second in importance.

Fifty-three percent ranked "to have a happy family life" as first or second in importance.

Third in importance was "to have good friends I can count on."

The teens chose "to do something important with my life" as fourth in importance.

Differences appeared between boys and girls when it came to ranking items 5-8.

For boys, "to have a good job when I am older" came next. Girls ranked "to have a world without war" and then "to have a world without hunger and poverty" as their fifth and sixth choices, before having a good job.

Boys listed war, hunger and poverty below having a good job.

At the bottom of the list, ranked eighth, ninth or tenth, were the values commonly associated with teenagers.

Of the 222, some 109 placed "to have lots of money" among the last three ranks. "To have lots of fun and good times" was even less popular with the teenagers as 114 placed this item among the bottom three.

Of least importance was "to have things (such as clothes, records) as nice as other kids have." This was ranked as eighth, ninth or tenth by 170 of the 222 teens surveyed.

Dr. Hawkins said the results of the survey may surprise many adults.

"These young people are the cream of the crop. The results may sound surprising to some adults, but their 4-H club leaders—the ones who know them very well—will not be surprised," he said.

—Owen Bishop

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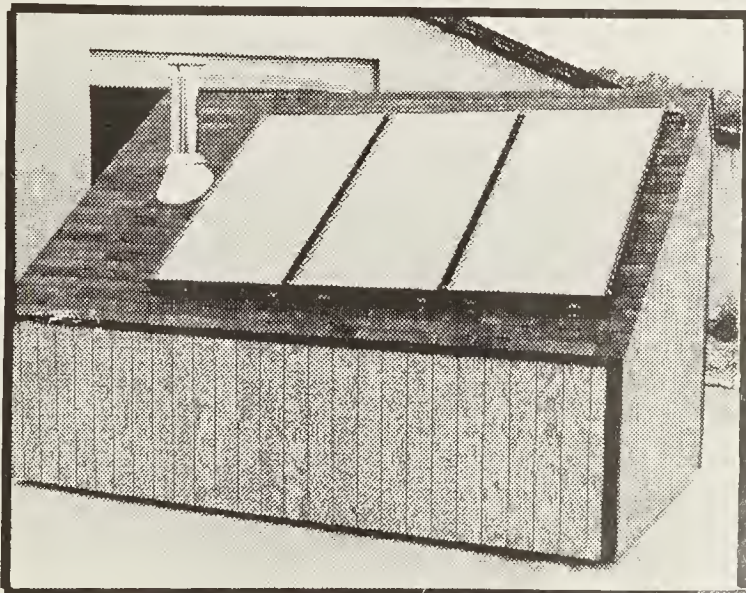
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